



# INTERNATIONAL WEIGHTLIFTING FEDERATION



## Males ( Senior - U 23 - U 20 - U 18 )

Date	1	2	3	4	5	6	7	8	9	10
1905 - 1906	67,5	80	80p	X	X	X	X	X	X	X
1906 - 1911	60	70	80	80p	X	X	X	X	X	X
1911 - 1913	60	67,5	80	80p	X	X	X	X	X	X
1913 - Dec 31, 1946	60	67,5	75	82,5	82,5p	X	X	X	X	X
Jan 01, 1947 - Dec 31, 1950	56	60	67,5	75	82,5	82,5p	X	X	X	X
Jan 01, 1951 - Dec 31, 1968	56	60	67,5	75	82,5	90	90p	X	X	X
Jan 01, 1969 - Dec 31, 1976	52	56	60	67,5	75	82,5	90	110	110p	X
Jan 01, 1977 - Dec 31, 1992	52	56	60	67,5	75	82,5	90	100	110	110p
Jan 01, 1993 - Dec 31, 1997	54	59	64	70	76	83	91	99	108	108p
Jan 01, 1998 - Oct 31, 2018	56	62	69	77	85	94	105	105p	X	X
Nov 01, 2018 - May 31, 2025	55	61	67	73	81	89	96	102	109	109p
Jun 01, 2025 - Jul 31, 2026	60	65	71	79	88	94 (98)	110	110p	X	X
Aug 01, 2026 - Present	60	65	70	75	85	95	110	110p	X	X

## Males ( U 16 - U 17 )

Date	1	2	3	4	5	6	7	8	9	10
Jan 01, 1991 - Dec 31, 1992	44	48	52	56	60	67,5	75	82,5	90	90p
Jan 01, 1993 - Dec 31, 1994	46	50	54	59	64	70	76	76p	X	X
Jan 01, 1995 - Dec 31, 2000	46	50	54	59	64	70	76	83	83p	X
Jan 01, 2001 - Dec 31, 2002	45	50	56	62	69	77	85	85p	X	X
Jan 01, 2003 - Oct 31, 2018	50	56	62	69	77	85	94	94p	X	X
Nov 01, 2018 - May 31, 2025	49	55	61	67	73	81	89	96	102	102p
Jun 01, 2025 - Jul 31, 2026	56	60	65	71	79	88	98	98p	X	X
Aug 01, 2026 - Present	55	60	65	70	75	85	95	95p	X	X

## Males ( U 15 )

Date	1	2	3	4	5	6	7	8	9	10
Jan 01, 2013 - Dec 31, 2014	45	50	56	62	69	77	85	85p	X	X
Jan 01, 2015 - Oct 31, 2018	50	56	62	69	77	85	94	94p	X	X
Nov 01, 2018 - May 31, 2025	49	55	61	67	73	81	89	96	102	102p
Jun 01, 2025 - Jul 31, 2026	56	60	65	71	79	88	98	98p	X	X
Aug 01, 2026 - Present	51	55	60	65	70	75	85	85p	X	X



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## Females ( Senior - U 23 - U 20 - U 18 )

Date	1	2	3	4	5	6	7	8	9	10
Jan 01, 1987 - Dec 31, 1992	44	48	52	56	60	67,5	75	82,5	82,5p	X
Jan 01, 1993 - Dec 31, 1997	46	50	54	59	64	70	76	83	83p	X
Jan 01, 1998 - Dec 31, 2016	48	53	58	63	69	75	75p	X	X	X
Jan 01, 2017 - Oct 31, 2018	48	53	58	63	69	75	90	90p	X	X
Nov 01, 2018 - May 31, 2025	45	49	55	59	64	71	76	81	87	87p
Jun 01, 2025 - Jul 31, 2026	48	53	58	63	69	77	86	86p	X	X
Aug 01, 2026 - Present	49	53	57	61	69	77	86	86p	X	X

## Females ( U 16 - U 17 )

Date	1	2	3	4	5	6	7	8	9	10
Jan 01, 1994 - Dec 31, 2000	46	50	54	59	64	70	70p	X	X	X
Jan 01, 2001 - Dec 31, 2016	44	48	53	58	63	69	69p	X	X	X
Jan 01, 2017 - Oct 31, 2018	44	48	53	58	63	69	75	75p	X	X
Nov 01, 2018 - May 31, 2025	40	45	49	55	59	64	71	76	81	81p
Jun 01, 2025 - Jul 31, 2026	44	48	53	58	63	69	77	77p	X	X
Aug 01, 2026 - Present	45	49	53	57	61	69	77	77p	X	X

## Females ( U 15 )

Date	1	2	3	4	5	6	7	8	9	10
Jan 01, 2013 - Dec 31, 2014	40	44	48	53	58	63	63p	X	X	X
Jan 01, 2015 - Dec 31, 2016	44	48	53	58	63	69	69p	X	X	X
Jan 01, 2017 - Oct 31, 2018	44	48	53	58	63	69	75	75p	X	X
Nov 01, 2018 - May 31, 2025	40	45	49	55	59	64	71	76	81	81p
Jun 01, 2025 - Jul 31, 2026	40	44	48	53	58	63	69	69p	X	X
Aug 01, 2026 - Present	41	45	49	53	57	61	69	69p	X	X

Compiled by European Weightlifting Federation Historical & Statistical Commission :

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